

PRESCHOOL OPEN GYM (6mos-6yrs w/parent)



Meeting Dates/Times/Location

Mondays AND Fridays, **September 12 – December 16**
9 – 11 a.m., DCRC Gymnasium B

Days Off

There is NO Gym Oct. 17 & Nov. 25 (*Dublin Schools are closed*).
If schools close due to inclement weather on a Monday or Friday, Open Gym will **not** be held. One/two hour school delays do not affect Preschool Open Gym – regular hours will be held.

Program Overview

The gym is set up with age appropriate toys and equipment for you and your child to play and have a safe, fun time! This program is designed for children 6 months – 6 years of age. Parents are encouraged to place children young than 6 months or older than 6 years in our Wee Folk Room.

Program Expectations for Parents

An adult must accompany every child or family of children. This program is not intended for daycares or playgroups. Parents need to show a state ID card or DCRC Membership Card at the check-in desk to participate in Preschool Open Gym. Parents will be asked to remove their child from the program for such things as vomit, communicable-type diseases, and consistent behavior concerns that put the safety of the other participants at risk. This is an unstructured program and parent supervision is a requirement throughout the program.

Program Fees/Supplies/Dress

The fee is \$3 per child/per visit or purchase a POG pass for \$30 (11visits). This fee applies to both residents and non-residents. Wear comfortable clothing that allows for freedom of movement. Both parents and participants are required to remove their shoes for this program so please be prepared to go barefoot or bring/wear socks.

Program rules are on the back side of this sheet.



Preschool Open Gym Rules

- **Participants must show a State, school, or DCRC photo ID at the front desk.** Upon entering the gym, present the receipt (or pass) to the Open Gym Supervisor and sign the release form appropriately. The fee applies to all children on the equipment and involved in the program.
- Please stay with your child **AT ALL TIMES!** This program is designed so you and your child have an opportunity to safely play and have fun together. We require a ratio of at least one parent for every three children (1:3). We ask that you please put reading materials aside during this time and make sure to keep track of your child when socializing with other parents. **Please keep children away from the stairs leading to the track.** We have an open gym supervisor on site during the program for assistance, but the parent/guardian is ultimately responsible.
- When playing on the mats please take off your shoes and your child's shoes. We have this rule for two reasons: First, because it is safer for the children. Little ones roll, crawl & play on the mats and it is easy to step on fingers and hands. Second, removing shoes helps keep the equipment in good shape for this program, as well as for other recreation programs we offer.
- There is no food or drink allowed in the gymnasium. If your child needs a snack or drink, there is a lobby with tables and chairs for your convenience. Please check in/out with the Open Gym Supervisor if you must leave the gym for any reason and wish to return.
- Families are asked to remove their child from the gym for any/all diaper changes. For health purposes, please do not change your child's diaper in the POG program.
- If your child becomes ill or vomits during Preschool Open Gym, they must be removed from the facility right away. Our staff will make sure that the area and all equipment is cleaned and sanitized before allowing the program to continue. Refunds are not available due to illness.
- We understand the children in our POG program are still developing an understanding of behavior and control. For this reason, if we see potential & consistent behavior concerns that put participants at risk, we will ask parents to remove their child from the program and meet with the Preschool/Youth Programming Team to discuss before returning to Preschool Open Gym.
- Families that need assistance during Preschool Open Gym, please reach out to our staff during the program so we can best assist you with your concerns. You may also contact Jennifer Vosters, Program Coordinator at 614-410-4573.

Cleaning & Communication

In order to provide a safe environment for all participants, we have the following cleaning schedule in place:

1. Gym Mats – thoroughly cleaned with HDQL 10 cleaner/disinfectant (used also on fitness floor) every Monday evening.
2. Gym Equipment & Larger Toys – wiped down with Clorox wipes prior to EVERY POG session.
3. Smaller toys (including play food for kitchen area) – wiped down with Clorox wipes and plastics cleaned through hot cycle in dishwasher after EVERY POG session.

For the most effective and timely communication with our participants relating to health concerns and other important updates, we have a **POG Email List at the sign in table. We highly recommend all participants add their email to this list. This list is optional and will **ONLY** be used for POG information.**

Program Evaluations

Please let us know how we are doing, and what you would like to see included at Preschool Open Gym!

You can access this survey at anytime: <http://www.surveymonkey.com/s/KPH2R5C>